



Body, Voice & Drum Workshop Glasgow 2019

A Body, Voice & Drum Workshop using Nature to meet Your Inner Wisdom

Following, singing, dancing and walking the Line of Your Heart

with Yvonne Laeubli, Vision Quest Guide, Musician, Counsellor
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Brahma in the formless space of pure thoughts showed up
the first time as a golden embryo of sound.

It was a sound that came out of emptiness and turned back into itself.
When the soundwaves crossed, that was when wind and water evolved
and started to play and to weave the fog like body of the world.

(From India)



Can you hear your heart beat? We are of nature too.

This workshop provides the space to explore your body as a sound body. You may connect in a new way too to the body of mother earth and the hum within.

Your personal sound, your vibration,
the joy of your heart and your creativity may touch it.

This workshop provides the space to connect with your feelings, your voice, the way you move and dance. It connects to your heart, how you walk and how you touch.

We will use nature to meet on a very personal level.
This can bring more clarity and strength into your
everyday life.

Music helps to connect these inner and outer worlds. Simple techniques - singing and drumming, bring them together and will help to open up your inner source of inspiration.

Times: Fri 7 pm - 9 pm, Sat 9.30 am - 5.30 pm, Sun 9.30 am - 3 pm
Costs: 3 days £ 120 (reduced price £ 90)

Location: Open

Please contact Elise V. Allan for registration and information
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